

**Our Inspiration**

"Sport has the power to change the world.... It has the power to inspire. It has the power to unite people in a way that little else does. It speaks to youth in a language they understand. Sport can create hope where once there was only despair." - Nelson Mandela –

**History**

Former Italian International Hockey Player Valentina Quaranta in cooperation with Italian NGO CO.P.E started the initiative for the foundation in 2013. After having revitalized the Tanzania woman hockey team, she introduced the sport as a tool to support the youth. In order to execute and coordinate all these activities, the foundation TWENDE Hockey was established in 2015. "Twende" in Swahili – the local language – means, "let's go"! It 's an invitation to go, to move forward towards development through hockey.



**Our Goal**

Improve the economic and social well being of youth by means of field hockey.

**TWENDE Hockey Programs**

1. Youth & Youngster - Introduce hockey to youth in schools & communities
2. Coach & Trainer - Educate coaches in sports, social & economical topics
3. Empowerment & Sport - Hockey as tool to a better & more valuable existence
4. Sufficient Equipment - Ensure sufficient equipment for coaches & players
5. Competition & Inspiration - Increase awareness of hockey & be an inspiration

**Social & Sports**

Our programs include social & economic education on topics as: healthcare, gender equality, life skills, child development, entrepreneurship and finance for all.



| Onze ambitions          | Resultaat |       | Doel  |
|-------------------------|-----------|-------|-------|
|                         | 2015      | 2016  | 2017  |
| Schools                 | 10        | 30    | 50    |
| Communities             | 20        | 40    | 50    |
| Regions                 | -         | 3     | 7     |
| Players                 | 700       | 1.750 | 2.500 |
| Teams                   | 7         | 49    | 64    |
| Local educated coaches  | 42        | 66    | 85    |
| Local coach coordinator | -         | 3     | 7     |
| Events social education | -         | 7     | 10    |
| Toolkit coaches         | 5         | 25    | 50    |
| Toolkit spelers         | 500       | 1.000 | 2.000 |
| Competition days        | -         | 16    | 24    |
| Tournaments             | 4         | 7     | 11    |
| Volunteers              | 2         | 19    | 25    |
| Collection points       | 10        | 23    | 30    |

**Our challenges – your support is needed!**

Our concept is proven to be successful. The next steps are to roll out our concept in other regions, creating more sustainability, continuity and self-reliance. We can only take these steps with financial support of third parties. Despite our joined efforts and results, help is mostly needed.

**Partners**

We are proud to be partnering with international organizations and governing bodies like Tanzania Hockey Association and several local NGO's. You can become a partner of TWENDE Hockey; we will join in a customized project.

**Help us**

With your donation we can make a difference. On the next page you will find out the possibilities to make that difference. Donations and support will be used exclusively for our projects.

**Volunteers**

We have several opportunities for you to volunteer; also we can help you to volunteer in Africa for short and longer periods.

**More information?**

Are you interested to support TWENDE Hockey with reaching our goals and improve the lives of children in Tanzania? Please contact us or visit the website.



**TWENDE Hockey, non-profit organisation**



Email: [info@twendehockey.com](mailto:info@twendehockey.com)  
 Website: [www.twendehockey.com](http://www.twendehockey.com)  
 Facebook: TwendeHockey



IBAN: NL74RABO 0306875004 / BIC: RABONL2  
 CCI: 64297160  
 RSIN: 55604347

**Your gift to development**

Hockey as tool for lasting development, we can make a change. The foundation has no overhead costs. Income will exclusively be used to support our programs.

**Hand made stick**

**Every youngster deserves a job**

Local carpentry-skilled youngsters manufacture this hand-made field hockey stick in Tanzania. We will distribute these hockey sticks into schools.

€20, -

**Youth Clinic**

**Every child has the right to sport**

Introduce field hockey into schools. Every school receives clinics; the sports teacher receives exercises and support in Kiswahili.

€ 50, -



**Coach Toolkit**

**Essential materials to train youngsters**

Support a starting coach with the right training equipment and exercise book. The coach will receive guidance and will share the items in their community.

€ 100, -

**Social Coaching Course**

**Every coach deserves autonomy**

The coach will participate in our Social Coaching Course.

The topics: child development, health care, HIV prevention, empowerment and entrepreneurship.

€ 200, -

**Hockey Coaching Course**

**Every coach should be well educated**

The coach will participate in the Hockey Coaching Course, theoretical & practical sessions and guidance on the road to independency.

€ 250, -



**Youth Team Toolkit**

**Children deserve to play together**

Support a complete youth team with hockey sticks, balls and shin guards so they are able to play as a team. The coach will participate in a coaching course.

€ 400, -



**School team**

**Children deserve to make next steps**

An educated coach will train a youth school team. The school receives a coach toolkit, the coach a team toolkit (to share) and a set of exercises.

€ 750, -

**Gif your stick a 2<sup>nd</sup> life in Africa**

Collect hockey equipment with your club, community and friends. We will support you with footages. We will ship the equipment to Tanzania. Please contact us,

**Projects**

We can start collaboration with you or your organisation.

We will join in a customized project. Examples: start a new region, adopt a local coach coordinator or support a complete community socially and economically.

**Donation**

You can donate directly on our account:

TWENDE Hockey, VLIJMEN, NL74RABO 0306875004



**More information?**

Will you help to realize our dreams? Please contact us by sending an email or visiting our website. We will contact you immediately.

**TWENDE Hockey, non-profit organisation**



Email: [info@twendehockey.com](mailto:info@twendehockey.com)

Website: [www.twendehockey.com](http://www.twendehockey.com)

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